

# Trip Doctor

## THE T+L GUIDE TO HAVING FUN ON A BUSINESS TRIP

Traveling for work doesn't mean you can't experience everything a city has to offer. Here's how to get the most out of five major business destinations, including client-worthy restaurants, easy walking tours, and quick escapes when the meetings are over. Plus, get travel advice from frequent fliers and T+L's picks of the top new business-class cabins and lounges.

BY ANDREW SESSA, WITH REPORTING BY JONNY CLARK AND GRANT MARTIN. ILLUSTRATED BY TOM HAUGOMAT

# Strategies

Learn about packing a suit, beating jet lag, and more at our dedicated business travel section: [tandl.me/biztrv](http://tandl.me/biztrv).



Beijing's 798 Art District.  
Below: The Forbidden City.

## Beijing

China's sprawling capital can sometimes overwhelm, but there's deep history and a vibrant contemporary culture if you know where to go.

### ON DUTY

Rich and crispy-skinned, Peking duck is Beijing's signature dish. One of the best versions is at **Duck de Chine** ([elite-concepts.com](http://elite-concepts.com)), an industrial-chic space

in the energetic Chaoyang district that's perfect for a lunch meeting. + After dark, head to the 80th floor of the China World Summit Wing hotel to talk strategy at **Atmosphere** ([shangri-la.com](http://shangri-la.com)), the city's highest bar. The views stretch for miles, taking in Tiananmen Square and the mountains beyond.

### OFF THE CLOCK

**Context Travel**

([contexttravel.com](http://contexttravel.com)) has a three-hour, historian-led walk that lets you squeeze in visits to the Forbidden City's imperial palaces before any late afternoon meetings.

+ For a window onto of-the-moment Chinese creativity, turn to the expat American guides at **Chart Contemporary** ([chartcontemporary.com](http://chartcontemporary.com)), who offer tours of galleries and studios in the 798 Art District.

### EXTRA DAYS

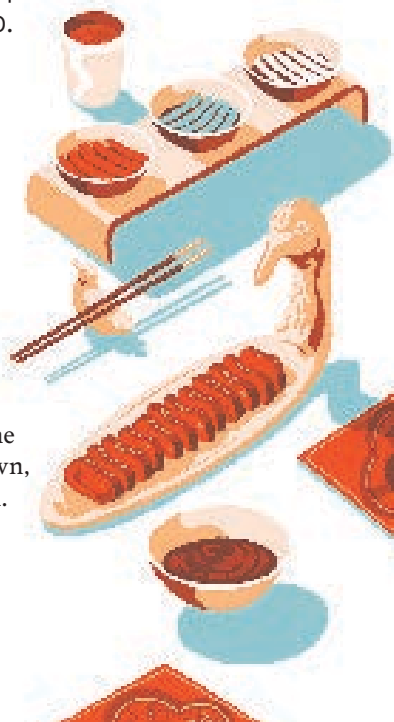
The Badaling section of the Great Wall is closest to town, but it's often overcrowded. Instead, head about two hours away to the quieter Jinshanling portion—some parts of which are unrestored—for a hiking day trip with **Imperial Tours** ([imperialtours.net](http://imperialtours.net)).

### UPDATE

### SWEET SEATS



Some of the best new premium cabins belong to Air France and China Airlines, which both recently introduced fully lie-flat, all-aisle access business seats. Aer Lingus (*above*) now has affordable lie-flat transatlantic seats. American Airlines' new business cabins, which have started rolling out on 777s, offer innovative front- and rear-facing seats for even more shoulder space.



# Strategies

## Frankfurt

Germany's efficient financial center has shaken off its boring reputation with a sophisticated mix of boutiques and cocktail dens.



The Städel Museum.

### ON DUTY

Need to confer with colleagues before the day begins? **Leonhard's** ([restaurant-leonhards.de](http://restaurant-leonhards.de)), on the top floor of the Galeria Kaufhof department store near the financial district,

serves cappuccinos and buttery croissants on an outdoor terrace.

+ For a cocktail bar that's upscale (and quiet) enough for entertaining clients, head to either the **Parlour** ([theparlour.de](http://theparlour.de)) or **Sullivan** ([sullivan-bar.de](http://sullivan-bar.de)), located off pedestrian-only Zeil street.

### OFF THE CLOCK

More than two dozen cultural institutions sit on the Museum Embankment, along the Main River. Our pick: the **Städel Museum**, for its impressive old masters. **Culture Trip** ([culturetrip.de](http://culturetrip.de))



can organize a tour through the greatest hits.

+ Amid the outposts of Cartier, Versace, and Armani on Goethestrasse is the 135-year-old women's boutique **August Pfüller** ([august-pfueller.de](http://august-pfueller.de)). The institution is a one-stop shop for labels like Proenza Schouler and Thakoon; its nearby kids' store sells German-made Steiff stuffed animals.

### EXTRA DAYS

The town of Heidelberg, with its storybook Renaissance castle, is just a 50-minute train ride south from Frankfurt. Don't miss a stroll along the café-lined Hauptstrasse.

### ROAD WARRIORS



**MARK HALPERIN AND JOHN HEILEMANN**

Hosts of *Bloomberg TV's With All Due Respect*

#### Miles traveled per year

JH: More than 100,000.

MH: Thousands and thousands.

#### Preferred airline

JH: Delta. There's Wi-Fi, a decent rewards program, and LaGuardia's Marine Air Terminal.

#### Best airline cabin

MH: First class on any Japanese carrier.

#### In-flight rituals

JH: Sleeping, drinking, sleeping, drinking; Scrabble on the iPad if I'm with my wife (even though she kicks my ass almost every time).

#### Favorite airport

MH: The one I'm leaving.

#### Go-to gadget

JH: The superthin Vorson Bookmark backup battery for mobile devices.

#### Biggest travel mishap

MH: Former and current TV producers don't let those happen.





# Strategies

## Dubai

The crown jewel of the United Arab Emirates offers easy access to both beach and desert—ideal for turning that long trip from home into a vacation.



### ON DUTY

London's modern-Peruvian hot spot, **Coya** ([coya-restaurant.com](http://coya-restaurant.com)), opened an outpost at the Four Seasons Resort Dubai. It's now one of the most sought-after

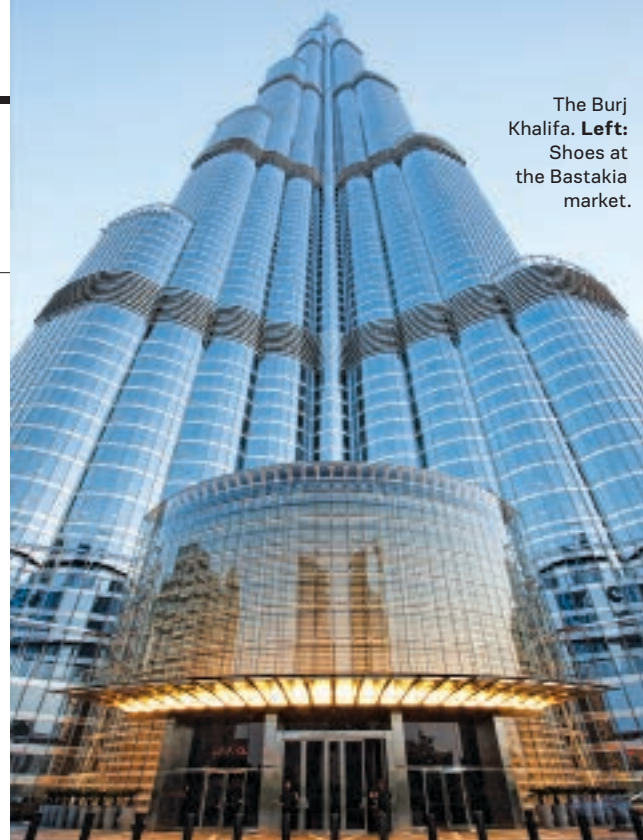
tables in a city known for attention-grabbing restaurants.

+ How to make the most of a visit to the **Burj Khalifa** ([burjkhalifa.ae](http://burjkhalifa.ae)), the world's tallest building? A 9 p.m. reservation to see the observation deck on the 148th floor, then drinks at the buzzy Privé club in the tower's **Armani Hotel** ([armanihotels.com](http://armanihotels.com)). Call it a late-night team-building session.

### OFF THE CLOCK

On a day-long desert safari with **Gulf Ventures** ([gulfventures.com](http://gulfventures.com)), you'll traverse sand dunes in a 4 x 4, ride a camel, and sip Arabic coffee in a tented camp.

+ Skip Dubai's over-the-top



The Burj Khalifa. **Left:** Shoes at the Bastakia market.

mall and head for **Bastakia**, a historic neighborhood near Dubai Creek. Those negotiating skills may

come in handy at the area's souk, which sells gold, silver, and spices.

### EXTRA DAYS

Sandwiched between a white-sand beach and towering mountains, Oman's **Six Senses Zighy Bay** ([sixsenses.com](http://sixsenses.com)) is about a two-hour drive from downtown Dubai. There you can go snorkeling, hiking, and sailing on a traditional dhow.



### ROAD WARRIORS



### KATIA BEAUCHAMP AND HAYLEY BARNA

Founders of Birchbox, a subscription service for beauty products

#### Miles traveled per year

HB: Around 200,000.

#### Favorite airport

HB: I love the convenience of Hong Kong. You can check your bags for an evening flight right in the city center and spend the rest of the day exploring unencumbered.

#### Must-pack item

KB: I love traveling with really comfortable pajamas. Some people just make do, but I make space.

#### Chain or boutique hotel?

HB: I'm loyal to both Starwood and Four Seasons, but I prefer boutiques when visiting somewhere new so I can get a sense of place.

#### Breakfast standby

KB: It's hard to pass up a croissant, especially in Europe, where they take them seriously.

#### Pro packing tips

KB: One jacket that looks great over a dress or with jeans, and a pair of multipurpose heels.

#### Hotel service you appreciate

HB: Having the room

ready for an early-morning red-eye arrival. Wi-Fi that immediately works and has sufficient bandwidth. Unlimited free bottles of water and a desk with a nice view.

#### Favorite app

HB: I like Moves, which records where you go throughout the day on a map. It's fun to retrace your steps in a new place.



The waiting room at Aigai Spa. Inset: A cocktail from Riviera.

## São Paulo

Celebrity chefs, a booming art scene, and a kinetic urban energy: there are plenty of reasons to explore this expansive metropolis.

### ON DUTY

At **Maní** ([manimanioca.com.br](http://manimanioca.com.br)), ranked one of the world's best restaurants and a go-to spot for a deal-making meal, stylish creatives and young finance types linger over dishes like foie gras bonbons and crayfish *moqueca* (stew).

+ Keep the evening going at the historic bar **Riviera** ([rivierabar.com.br](http://rivierabar.com.br)), which was recently revived by star chef Alex Atala. Or sample something from the

long list of *cachaças*, Brazil's signature sugarcane liquor, at **Empório Sagarana** ([emporiosagarana.com.br](http://emporiosagarana.com.br)), in Vila Madalena—and then pick up a bottle to bring home.

### OFF THE CLOCK

For a morning run, follow in-shape Paulistas to **Ibirapuera Park**, the city's



version of Central Park. The main loop is about 1½ miles long, and takes you past the Afro Brazil Museum and the Museum of Modern Art. If it's too far from your hotel, cheat and take a cab.

+ Need some relief from the chaos? The new **Aigai Spa** ([aigaispa.com.br](http://aigaispa.com.br)) is a high-design, hydrotherapy-focused retreat with only four treatment rooms and a hammam.

### EXTRA DAYS

It's a two-hour drive to the Litoral Norte (northern coast), where the laid-back surfer vibe makes it easy to unwind. Stay at the 15-room **Nau Royal** ([nauroyal.com.br](http://nauroyal.com.br)), a chic pousada-style inn just feet from the shore.

### UPDATE

### LOUNGE ACTS



A handful of new airport lounges are upping the ante on style. Tokyo's Haneda airport now has a *Mad Men*-style Cathay Pacific lounge and a first-class suite from JAL that includes John Lobb shoeshine service. Qantas's Marc Newson-designed first-class lounge in LAX come with food from Australian chef Neil Perry. LATAM's São Paulo lounge has Midcentury-style furniture and high-tech touches.





# Strategies

## ROAD WARRIOR



### YVES BÉHAR

Founder of industrial design firm Fuseproject

**Miles traveled per year**  
150,000.

#### Favorite airport

I love smaller airports that are efficient. Majorca's has cool architecture and a Botero sculpture.

#### Must-pack items

Eye mask, earplugs, portable phone charger, electric converter, yoga pants.

#### Chain or boutique hotels?

Boutique hotels seem more connected to local culture. Airbnb is the ultimate from a cultural standpoint—hosts really know what's going on in the neighborhood.

#### Go-to carry-on

The Incase roller bags are well-thought-out, with designated space for a laptop and electronics, so I can pack one bag instead of schlepping two.

#### Travel gadget you'd like to invent

A lighting product that alleviates jet lag would be cool.



The Neon Boneyard.  
**Below:** The dining room at Mix at the Delano.

## Las Vegas

There's more to Sin City than casinos and showbiz—not that there's anything wrong with a little strategically timed indulgence.

### ON DUTY

Ante up for a dinner at **Mix at the Delano** ([delano.lasvegas.com](http://delano.lasvegas.com)), where chef Alain Ducasse's menu has expense-account-worthy items like filet mignon with foie gras and black-truffle sauce.

+ If you want to take things down a notch, try heading north of the Strip, where the bars are more Brooklyn than Vegas. One of the best: **Scullery** ([scullerylv.com](http://scullerylv.com)), a light-filled spot serving

digestif-based cocktails and charcuterie platters.

### OFF THE CLOCK

Have a short window between meetings? The 50-minute hammam ritual at the desert-inspired Sahara Spa in the **Cosmopolitan** ([cosmopolitanlasvegas.com](http://cosmopolitanlasvegas.com)) blends a hydrating scrub, detoxifying steam, and some much-needed alone time.

+ The flashing lights have long since gone out, but



the roughly 150 signs at the Neon Museum's **Neon Boneyard** ([neonmuseum.org](http://neonmuseum.org)) still offer a glimpse into Vegas's past. They're accessible only via an hour-long guided tour.

### EXTRA DAYS

**Sundance Helicopters** ([sundancehelicopters.com](http://sundancehelicopters.com)) gets you to the Grand Canyon and back in 3½ hours. The picnic tour includes a flight over the Hoover Dam, the Mojave Desert, and Lake Mead—and a champagne lunch 3,200 feet below the canyon's rim.

